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Science
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The anorexia project



Anorexia is a type of eating disorder. Anorexia is when you have an obsession of not eating to lose weight. It's important to learn/talk about anorexia because people go through a lot of emotional and physical devastation. We should spread awareness for the people that actually suffer and go through this during their lifetime.

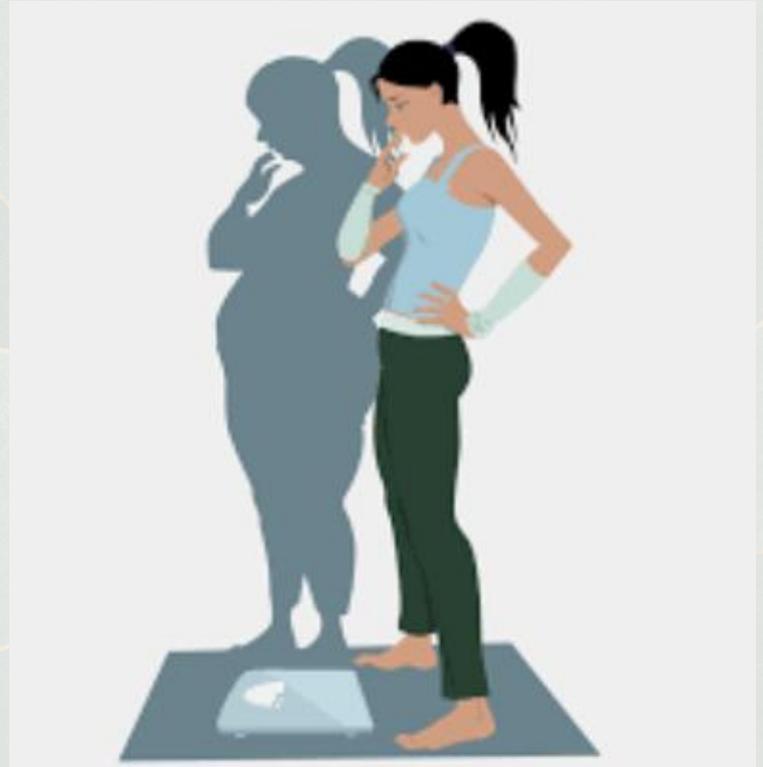
The population of people that have anorexia is over 200,000 people. People with anorexia tend to constantly find different ways to lose weight. For example, working out or shutting out food.



Some effects that people with anorexia get is dizziness, weak muscles, waking up early, and always feeling bloated. Anorexia among other disorders are more common for females rather males. Anorexia lasts approximately 8 years.



Anorexia is 12 times higher than the rate of dying from natural causes for females within the ages of 15-24. Without getting help, 20% of the people with serious disorders will die.



9% of the women in America suffer from anorexia. 1 in 5 people with anorexia will die from committing suicide. Anorexia is the most deadly mental illness. People with anorexia tend to try and hide it. Anorexic people go to any extent to make people believe that they are fine. People would think that people who have an eating disorder don't eat.

People with anorexia are often ashamed about their condition. They believe that its a type of “weakness”. Every 1 in 10 people with an eating disorder look for help. However, it’s not something people should be ashamed of and instead they should start seeking for help especially with something as dangerous as anorexia.





When I created this project, I found all these knew facts and learned new things and I didnt want to believe that people can actually be living like this and it could've been because of one word or one joke that someone said. In conclusion, we should be careful with what we say and make people feel like they can ask people for help instead of making them feel like they can't admit whats wrong.