

Week 1: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovv							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
Shemoneh Esrei Birkat Avot Birkat Gevurah Birkat Kedusha Birkat Daat Birkat Teshuva Birkat Selicha Birkat Geulah Birkat Refuah Birkat Hashanim Birkat Kibbutz Galuyot Birkat Din Birkat Minim Birkat Tzadikim Birkat Yerushalayim EC – Birkat Malchut Bait Dovid EC - Birkat Kabalat Tefilah Yehiyu L'ratzon Oseh Shalom Yehi Ratzon							

Week 2: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovv							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
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EC - Vehaya							
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Week 3: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovu							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
Shemoneh Esrei Birkat Avot Birkat Gevurah Birkat Kedusha Birkat Daat Birkat Teshuva Birkat Selicha Birkat Geulah Birkat Refuah Birkat Hashanim Birkat Kibbutz Galuyot Birkat Din Birkat Minim Birkat Tzadikim Birkat Yerushalayim EC – Birkat Malchut Bait Dovid EC - Birkat Kabalat Tefilah Yehiyu L'ratzon Oseh Shalom Yehi Ratzon							

Week 4: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovv							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
Shemoneh Esrei Birkat Avot Birkat Gevurah Birkat Kedusha Birkat Daat Birkat Teshuva Birkat Selicha Birkat Geulah Birkat Refuah Birkat Hashanim Birkat Kibbutz Galuyot Birkat Din Birkat Minim Birkat Tzadikim Birkat Yerushalayim EC – Birkat Malchut Bait Dovid EC - Birkat Kabalat Tefilah Yehiyu L'ratzon Oseh Shalom Yehi Ratzon							

Week 5: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovu							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
Shemoneh Esrei Birkat Avot Birkat Gevurah Birkat Kedusha Birkat Daat Birkat Teshuva Birkat Selicha Birkat Geulah Birkat Refuah Birkat Hashanim Birkat Kibbutz Galuyot Birkat Din Birkat Minim Birkat Tzadikim Birkat Yerushalayim EC – Birkat Malchut Bait Dovid EC - Birkat Kabalat Tefilah Yehiyu L'ratzon Oseh Shalom Yehi Ratzon							

Week 6: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovu							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
Shemoneh Esrei Birkat Avot Birkat Gevurah Birkat Kedusha Birkat Daat Birkat Teshuva Birkat Selicha Birkat Geulah Birkat Refuah Birkat Hashanim Birkat Kibbutz Galuyot Birkat Din Birkat Minim Birkat Tzadikim Birkat Yerushalayim EC – Birkat Malchut Bait Dovid EC - Birkat Kabalat Tefilah Yehiyu L'ratzon Oseh Shalom Yehi Ratzon							

Week 7: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovu							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
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Week 8: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovv							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
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Week 9: Please check off what you Davened. Go for it! You can do it!

	Sun	Mon	Tues	Wed	Thurs	Fri	Shabbat
Modeh Ani							
Ma Tovv							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
13 Berachot							
Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
Shemoneh Esrei Birkat Avot Birkat Gevurah Birkat Kedusha Birkat Daat Birkat Teshuva Birkat Selicha Birkat Geulah Birkat Refuah Birkat Hashanim Birkat Kibbutz Galuyot Birkat Din Birkat Minim Birkat Tzadikim Birkat Yerushalayim EC – Birkat Malchut Bait Dovid EC - Birkat Kabalat Tefilah Yehiyu L'ratzon Oseh Shalom Yehi Ratzon							

Week 10: Please check off what you Davened. Go for it! You can do it!

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Modeh Ani							
Ma Tovu							
Adon Olam							
Yigdal							
4 Brachot							
Yevorechecha, Elokai, Eilu Devarim,							
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Yehi Ratzon							
Boruch She'amar							
Ashrei							
Yishtabach							
Shema							
EC - Vehaya							
Shemoneh Esrei Birkat Avot Birkat Gevurah Birkat Kedusha Birkat Daat Birkat Teshuva Birkat Selicha Birkat Geulah Birkat Refuah Birkat Hashanim Birkat Kibbutz Galuyot Birkat Din Birkat Minim Birkat Tzadikim Birkat Yerushalayim EC – Birkat Malchut Bait Dovid EC - Birkat Kabalat Tefilah Yehiyu L'ratzon Oseh Shalom Yehi Ratzon							